Serving Individuals with Disabilities Through a Managed Care Model

Interagency Autism Coordinating Committee Services Workshop

September 15, 2011

AHCCCS

Arizona Waiver History

- **July 13, 1982**
  - The Health Care Financing Administration (HCFA) granted Arizona an 1115 Research Waiver
- **October 1, 1982**
  - The Arizona Health Care Cost Containment System (AHCCCS) began serving people in its acute care program
- Arizona was the first state to implement a statewide, Medicaid managed care system, based on prepaid, capitated arrangements with health plans

Arizona Waiver History

- **December 1988**
  - AHCCCS began phasing-in long term care services for individuals with developmental disabilities (DD)
- **January 1989**
  - AHCCCS began serving the elderly and individuals with physical disabilities (E/PD)

Arizona Long Term Care System (ALTCS) Guiding Principles

- Member-centered case management
- Consistency of services
- Accessibility of network
- Most integrated setting
- Collaboration with stakeholders

ALTCS Model

Potential ALTCS Member

2,750 Applications/Month

Financial/Medical Eligibility

1. Citizen/Qualified Alien
2. AZ Resident
3. $2,000/$3,000 Resources
4. $2,022 Income Maximum[1]
5. Transfer of Resources
6. SSN
7. Medical Eligibility/PAS

ALTCS Program Contractors

DES-DDD

EPD Contractors
Bridgeway Health Solutions
Evercare Select
Mercy Care
SCAN LTC
ALTCS FFS – Tribal CM

PCP/ CASE MANAGER

Covered Services

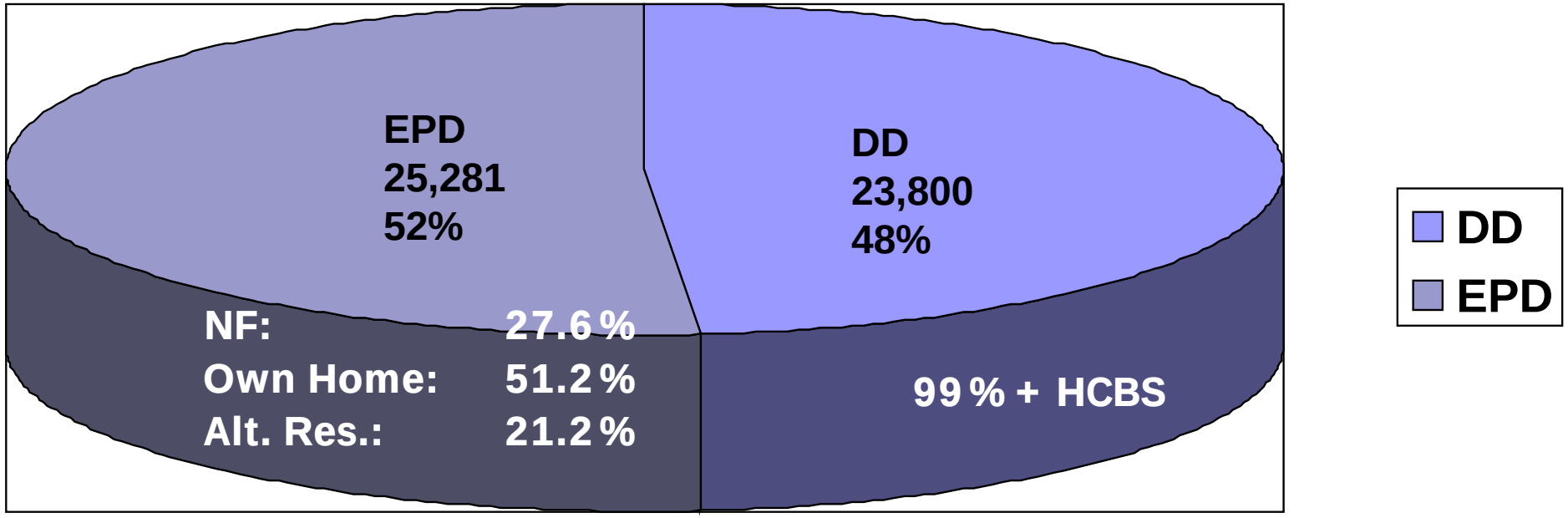
Acute Care Services
Nursing Facility
ICF/MR
Hospice
Behavioral Health
HCBS

- **Homemaker**
- **Personal Care**
- **Respite Care**
- **Attendant Care**
- **Home Health Nurse**
- **Home Health Aide**
- **Transportation**
- **Adult Day Health**
- **Home Delivered Meals**
- **DD Day Care**
- **Habilitation**
- **Assisted Living Facilities**
- **Community Transition Services**

KEY

EPD - Elderly & Physically Disabled (Age 65+, Blind or Disabled)
DES/DDD - Dept. of Economic Security, Div. Of Developmental Disabilities
ICF/MR - Intermediate Care Facility for Mental Retarded
NF - Nursing Facility
PAS - Pre Admission Screening

ALTCS Population – September 1, 2011



Key Components of Serving Individuals with Disabilities Through a Managed Care Model

- Integrated continuum of care (long term care, acute care, behavioral health care)
- Commitment to serving members in the most integrated, appropriate and cost effective setting
- Development of and ongoing commitment to self-directed models of care
- Coordinated and informed case management
- Broad array of community settings, which facilitates member choice
- Availability of resources to facilitate transition into the community

Key Components of Serving Individuals with Disabilities Through a Managed Care Model

- **State Oversight**
  - **Detailed contractual agreement and policies**
  - **Annual operational and financial review**
  - **Established network standards**
  - **Robust quality management standards, including monitoring of clinical performance measures and initiation of quality improvement projects**
  - **Regular case management monitoring and training**
  - **Regular monitoring of claims payment for timeliness and accuracy**
  - **Monthly review of grievances (member grievances and appeals, claims disputes)**
  - **Monitoring of medical management/utilization management**
  - **Regular review of financial viability**
  - **Consistent monitoring of HCBS placement against established targets**

Questions