

# IACC Services Workshop



**Community Integration and the Changing  
Delivery System**

**Panel on Managed Care for People with  
Disabilities**

# Managed Care



*...a means to an end,  
not an end in itself...*

# In Pennsylvania...



- **What we have learned from other service delivery systems**
- **What we wanted to do differently**

# Adult Autism Services In Pennsylvania



## Bureau of Autism Services

- **Adult Autism Waiver (1915c)**
- **Adult Community Autism Program (ACAP)**



# PIHP



- **What's so special about PIHP???**
  - ✦ **Pre-paid Inpatient Health Plan**
  - ✦ **It covers most health care needs except hospitalization and prescription drugs; health care providers, including doctors, are part of the network**

# Snap shot of ACAP



- **CMS approved ACAP in January 2009**
  - 70+ people are enrolled; funding exists for 108
- **Eligibility Criteria:**
  - Pennsylvania Resident
  - 21 years of age or older
  - Have an Autism Spectrum Diagnosis
  - Meet Functional Eligibility
  - Meet Level of Care (ICF/ORC or ICF/MR)
  - Meet Financial Eligibility
  - Need no more than 16 hours of awake support per day

# Adult Community Autism Program



## Menu of Services

- Behavioral Specialist
- Certified Nurse Practitioner Services
- Community Transition Service
- Crisis Intervention
- Day Habilitation
- Environmental Modifications
- Habilitation
- Homemaker/Chore Services
- Most Medical Care needs are covered
- Non-Medical Transportation
- Nursing Facility Services
- Respiratory Services
- Supported Employment
- Supports Coordination
- Targeted Case Management
- Therapies

***\*Other services may be provided as deemed necessary by the supports team.***

# Autism Specific Training



## **SPeCTRUM – Supporting Person Centered Training, Resources, Understanding, and Mentorship (9 Modules)**

- **Autism Spectrum Disorders**
- **Supporting the Client's Family**
- **Using Positive Behavior Support**
- **Recognizing Communication Challenges**
- **Using Assessments**
- **Teaching Life Skills**
- **Health Care for Adults with ASD**
- **Transition to Work or Higher Education**
- **Identifying Housing Options**



# Program Design - Provider



- **Managed Care / Capitated model**
- **Administered by the provider & monitored by the state**
- **Single provider & Network for a defined geographic area (currently 4 counties)**
- **Core services provided by ACAP provider**
- **Network of contracted providers for other services**

# Program Design - Services



- **Team–centric Services**
- **Supports can be meaningfully coordinated across a single network**
- **Behavioral and (most) medical services are integrated in a single plan**
- **Providers of medical services are trained and part of the supports team**
- **Faster response to changing needs of the participant**
- **Each participant must have a Behavioral Support Plan**

# Outcome Measures



- **Success is measured against outcomes**
  - ✦ Increased hours of employment (paid or volunteer)
  - ✦ Decreased psychiatric hospitalizations and medication
  - ✦ Decreased involvement with law enforcement
  - ✦ Improved capacity to perform independently
  - ✦ Decreased frequency and length of crisis
  - ✦ Decreased family stress

# Assessments



- **Services are Assessment driven**
  - Administered annually:
    - Scales of Independent Behavior – Revised
    - Quality of Life Questionnaire
    - Parental Stress Scale



# What is the “WHAT”?



Managed care is a HOW; we still need the WHAT

- What are the evidence-based best practices?
- What is the best way to build provider capacity?
- What are the best supports for people with co-occurring mental health conditions?
- What will we do to support more people with increasingly stressed resources?
- What about housing?
- What about employment?

# What is the “WHAT”?



## The cart before the horse

Is managed care the best service delivery model for adults with autism?

First we need to do more to determine what needs to be delivered.

# Pennsylvania Department of Public Welfare

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