



# State of the States of Services & Supports for People with Autism Spectrum Disorders





Disabled and Elderly Health Programs Group Center for Medicaid and CHIP Services

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## Background

- CMS contracted with L&M Policy Research in 2009 to address the growing need among federal and state policymakers and stakeholders for comprehensive information regarding available resources for individuals with an autism spectrum disorder (ASD)
- The ASD state of the states study supported 2010 and 2011 Interagency Autism Coordinating Committee's strategic plan objectives



## **Study Goal**

- Collect information on existing state and federal programs and supports for individuals and families living with ASD in 50 states and the District of Columbia
- Develop comprehensive, state-specific summaries of available programs and supports



#### **Target Audience**

The ASD state of the states report is intended to inform:

- Individuals with ASD and their families
- Advocates
- State policy makers
- Federal policy makers
- Research community



#### **Data Collection**

- 2012-2013 study period
- L&M interviewed state level staff crucial to the implementation of policy and programs supporting families living with ASD
- L&M reviewed publicly available resources from local advocacy organizations and state programs



# **Guiding Questions**

- What are states and/or local government doing to provide services for people with ASD?
- What are the types of services and supports that a person with ASD can access?
- How are these supports and services funded?



### **State Profile Contents**

- Interview approach
- State bills & legislation
- State insurance regulations
- Medicaid Home and Community-Based Service (HCBS) programs
- State services and supports
- Early Intervention
- School aged children
- Adults



### **State Profile Contents (con't.)**

- Systems Tracking
- Transitions and Coordination of Services
  - Early intervention to school
  - School aged to employment
- Training for direct service support workforce
- Corrections
- Long-term plans to expand supports and services



# Service/Support Gaps

- ASD specific services for adults
- Options for individuals on program waiting lists
- Provider availability and access
- Supports for seamless transitions
- Best practices across the lifespan
- Insurance mandate barriers



### **Potential Report Uses**

- Identify promising state policies and programs impacting individuals with ASD and their support systems
- Pinpoint service and/or support gaps
- Compare type and scope of services and supports available across states
- Identify opportunities to improve coordination across state systems of care



#### **Access Report**

The Autism Spectrum Disorders (ASD): State of the States of Services and Supports for People with ASD is available online at:

http://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Long-Term-Services-and-Supports/Downloads/ASD-State-of-the-States-Report.pdf





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